



## I'm No Good

Choreographed by Rachael McEnaney

**Description:** 64 count, 2 wall, intermediate line dance

**Music:** I'm No Good by Laura Bell Bundy [CD: Achin' and Shakin' / Available on iTunes]

Count In: 32

### STEP RIGHT, LEFT, RIGHT FORWARD ROCK, RIGHT COASTER STEP, STEP LEFT, ½ PIVOT TURN RIGHT, WEIGHT ENDS RIGHT

- 1-2-3-4 Step right forward, step left forward, rock right forward, recover to left  
 5&6-7-8 Step right back, step left together, step right forward, step left forward, turn ½ right (weight to right) (6:00)

### STEP LEFT, RIGHT, LEFT FORWARD ROCK, LEFT COASTER STEP, STEP RIGHT, ¼ PIVOT LEFT, WEIGHT ENDS LEFT

- 1-2-3-4 Step left forward, step right forward, rock left forward, recover to right  
 5&6-7-8 Step left back, step right together, step left forward, step right forward, turn ¼ left (weight to left) (3:00)

### WEAVE CROSSING RIGHT OVER, LEFT SIDE, RIGHT BEHIND, TURN ¼ LEFT FORWARD LEFT, ROCK FORWARD RIGHT, TURN ½ RIGHT, TURN ¼ RIGHT, WEIGHT LEFT

- 1-2-3-4 Cross right over left, step left to side, cross right behind left, turn ¼ left and step left forward (12:00)  
 5-6-7-8 Rock right forward, recover to left, turn ½ right and step right forward, turn ¼ right and step left to side (9:00)

### CROSS RIGHT BEHIND, SIDE LEFT, RIGHT CROSSING SHUFFLE, LEFT SIDE ROCK, LEFT CROSSING SHUFFLE, WEIGHT ENDS LEFT

- 1-2-3&4 Cross right behind left, step left to side, cross right over left, step left together, cross right over left  
 5-6-7-8 Rock left to side, recover to right, cross left over right, step right together, cross left over right

### RIGHT KICK BALL CROSS, SIDE RIGHT, TOUCH LEFT, LEFT KICK BALL CROSS, SIDE LEFT, TOUCH RIGHT, WEIGHT ENDS LEFT

- 1&2 Kick right diagonally forward, step right together, cross left over right  
 3-4 Big step right to side, touch left together  
 5&6 Kick left diagonally forward, step left together, cross right over left  
 7-8 Big step left to side, touch right together

### 2 RIGHT HEEL TOUCHES, 2 LEFT HEEL TOUCHES, RIGHT HEEL, LEFT HEEL, ROCK FORWARD RIGHT,, WEIGHT ENDS LEFT

- 1-2&3-4 Touch right heel forward, touch right heel forward, step right together, touch left heel forward, touch left heel forward  
 &5&6 Step left together, touch right heel forward, step right together, touch left heel forward  
 &7-8 Step left together, rock right forward, recover to left

### RIGHT BACK SHUFFLE, LEFT BACK ROCK, TURN ½ RIGHT DOING LEFT SHUFFLE, TURN ¼ RIGHT DOING RIGHT CHASSE, WEIGHT ENDS RIGHT

- 1&2-3-4 Step right back, step left together, step right back, rock left back, recover to right  
 5&6 Turn ¼ right and step left to side, step right together, turn ¼ right and step left back (3:00)  
 7&8 Turn ¼ right and step right to side, step left together, step right to side (6:00)

**LEFT JAZZ BOX CROSS, LEFT CHASSE, RIGHT BACK ROCK**

1-2-3-4      Cross left over right, step right back, step left to side, cross right over left  
5&6-7-8      Step left to side, step right together, step left to side, rock right back, recover to left

**REPEAT**

**TAG**

*At the end of the 1st wall (6:00), 2nd wall (12:00), and 3rd wall (6:00)*

1-2-3-4      Step right forward, turn ¼ left (weight to left), step right forward, turn ¼ left (weight to left)  
5-6-7-8      Step right forward, turn ¼ left (weight to left), step right forward, turn ¼ left (weight to left)

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